



British Training

**Lead with Integrity Mastering Courageous, Ethical, and Coaching-
Centered Leadership Training Course**

#LD6365

Lead with Integrity Mastering Courageous, Ethical, and Coaching-Centered Leadership Training Course

Introduction:

Leadership is not merely about authority—it's about inspiring trust, fostering growth, and making values-driven decisions. The British Training Center proudly presents this immersive program designed to equip leaders with the tools to lead authentically in an era where ethical clarity and human-centric coaching matter more than ever. By blending timeless principles with modern practices, this course empowers professionals to transform challenges into opportunities for meaningful impact.

Training Objectives and Impact:

By the end of this program, participants will be able to:

- Develop a deep understanding of authentic leadership principles and their application in diverse contexts.
- Master strategies to cultivate courage in decision-making, even under pressure.
- Design ethical frameworks that align organizational goals with societal values.
- Implement effective coaching techniques to empower teams and drive performance.
- Navigate complex dilemmas using a balance of empathy, logic, and integrity.
- Build a culture of trust and accountability through transparent communication.
- Leverage self-awareness to align personal values with leadership actions.

Targeted Competencies and Skills:

- Self-awareness & emotional intelligence.
- Ethical judgment & moral reasoning.
- Courageous decision-making.
- Coaching & mentorship.
- Conflict resolution & resilience.
- Stakeholder engagement & influence.

Target Audience:

This program is tailored for:

- Senior leaders and executives seeking to refine their leadership ethos.
- Managers and team leads aiming to foster ethical, high-performing teams.
- HR professionals and organizational development specialists.
- Aspiring leaders preparing for future leadership roles.
- Coaches and mentors committed to ethical guidance.
- Professionals in regulated industries requiring strong ethical frameworks.

Course Content:

Unit One - Foundations of Authentic Leadership:

- Defining authentic leadership: Core principles and modern relevance.
- The role of self-awareness in aligning values and actions.
- Case studies: Leaders who transformed organizations through authenticity.
- Balancing vulnerability and strength in leadership.
- The impact of authenticity on employee engagement and retention.
- Debunking myths about “perfect” leadership.

Unit Two - Courageous Leadership in Action:

- Understanding courage as a leadership non-negotiable.
- Strategies for embracing risk while mitigating backlash.
- Building resilience in high-stakes environments.
- Communicating tough decisions with clarity and empathy.
- Case analysis: Courageous leadership during crises.
- Role-playing exercises to practice courageous conversations.

Unit Three - Ethical Leadership and Decision-Making:

- Frameworks for ethical reasoning (utilitarian, rights-based, justice).
- Identifying and addressing ethical blind spots.
- Creating a culture of transparency and accountability.
- Navigating conflicts between profit and ethics.
- Global ethics: Cultural nuances in decision-making.
- Tools for ethical dilemma resolution (e.g., Potter Box).

Unit Four - Coaching for Growth and Empowerment:

- Core coaching skills: Active listening, questioning, and feedback.
- Differentiating coaching from mentoring and managing.
- Building psychological safety to foster innovation.
- Coaching diverse teams across generations and cultures.
- Using coaching to address performance gaps.
- Developing personalized coaching plans for team members.

Unit Five - Sustaining Authentic Leadership Practices:

- Integrating authenticity into daily leadership routines.
- Measuring the long-term impact of ethical leadership.
- Strategies for continuous self-reflection and growth.
- Building peer networks for ongoing support and accountability.
- Creating a legacy of values-driven leadership.
- Final project: Designing a 90-day authentic leadership roadmap.