



**British Training**

**People Management Strategies for Solving Workplace Challenges and  
Leading High-Performance Teams Training Course**

**#LD3647**

# **People Management Strategies for Solving Workplace Challenges and Leading High-Performance Teams Training Course**

## **Introduction:**

In today's fast-paced and dynamic work environment, managing people effectively while addressing workplace challenges is a critical skill for leaders and managers. British Training Center is proud to present this comprehensive training program designed to equip professionals with the tools and strategies needed to excel in people management and problem-solving. Whether you're leading a small team or managing a large department, this course will provide you with actionable insights to foster collaboration, resolve conflicts, and drive productivity.

## **Training Objectives and Impact:**

### **By the end of this program, participants will be able to:**

- Develop a deep understanding of people management principles and their application in the workplace.
- Identify and address common workplace problems with effective and sustainable solutions.
- Enhance communication skills to build trust and foster positive relationships within teams.
- Implement conflict resolution strategies to maintain a harmonious work environment.
- Motivate and inspire team members to achieve their full potential.
- Utilize emotional intelligence to manage diverse personalities and work styles.
- Create a culture of accountability and continuous improvement within their teams.

## **Targeted Competencies and Skills:**

- Leadership and team management.
- Problem-solving and decision-making.
- Effective communication and active listening.
- Conflict resolution and negotiation.
- Emotional intelligence and empathy.
- Motivation and employee engagement.

## **Target Audience:**

### **This program is tailored for:**

- Team leaders and supervisors.
- Middle and senior managers.
- HR professionals and organizational development specialists.
- Project managers and coordinators.
- Entrepreneurs and business owners managing teams.

## **Course Content:**

### **Unit One - Foundations of People Management:**

- Understanding the role of a people manager in modern organizations.
- Key principles of effective leadership and management.
- The impact of workplace culture on team performance.
- Identifying common challenges in people management.
- Building trust and credibility as a leader.
- The importance of self-awareness in managing others.

### **Unit Two - Problem-Solving in the Workplace:**

- Defining and categorizing workplace problems.
- Tools and techniques for root cause analysis.
- Developing creative and practical solutions.
- Decision-making frameworks for managers.
- Implementing solutions and measuring their effectiveness.
- Preventing recurring problems through proactive management.

### **Unit Three - Communication and Conflict Resolution:**

- The role of communication in effective people management.
- Active listening and empathetic communication techniques.
- Identifying and addressing communication barriers.
- Strategies for resolving conflicts constructively.
- Managing difficult conversations with confidence.
- Building a culture of open and honest communication.

### **Unit Four - Motivating and Engaging Teams:**

- Understanding what drives employee motivation.
- Techniques for recognizing and rewarding team members.
- Creating a positive and inclusive work environment.
- Empowering employees through delegation and autonomy.
- Aligning individual goals with organizational objectives.
- Measuring and improving employee engagement.

### **Unit Five - Emotional Intelligence and Leadership Development:**

- The role of emotional intelligence in people management.
- Developing self-regulation and empathy as a leader.
- Managing diverse personalities and work styles.
- Building resilience and managing stress in leadership roles.
- Continuous learning and development for managers.
- Creating a legacy of effective leadership within your organization.